

TRACK AND FIELD SCHEDULE SATURDAY, JUNE 6th

AM	Event	Gender	Heat #
8:00	5000 Meter Run	(M/F)	1-1
8:45	200 Meter Run	(F)	2-1: 2-4
9:00	200 Meter Run	(M)	2-5 : 2-18
9:25	4X100 Meter Walk Relay	(M/F)	3-1 : 3-2
10:00	50 Meter Dash (16-29)	(M)	4-1 : 4-12
10:30	50 Meter Dash (30+)	(M)	4-13 : 4-22
11:00	25 Meter Assisted Walk	(M/F)	5-1: 5-2
11:05	25 Meter Walk	(M/F)	6-1 : 6-2
11:25	100 Meter Walk	(M/F)	7-1 : 7-8
11:40	4X100 Meter Relay (8-15)	(M)	8-1
11:50	4X100 Meter Relay (16-21)	(M)	8-2 :8-4
12:00	4X100 Meter Relay	All Female	8-5
PM			
12:30	Future Stars Race		
1:15	4X100 Meter Relay (22+)	Mixed	8-6 : 8-9
1:35	400 Meter Walk	(M/O)	9-1 : 9-4
2:10	4X100 Meter Relay (22+)	All Male	8-10 : 8-14
2:30	400 Meter Walk	(F)	9-5 : 9-7
FIELD AM:			
8:00	Softball Throw* (16-29)	(F)	
8:30	Softball Throw* (30+)	(F)	
8:45	Shot Put	(F)	
9:15	Tennis Ball Throw*	(F)	
10:00	WC Softball Throw*	(M/F)	
10:00	WC Tennis Ball Throw*	(M/F)	
10:15	Mini Javelin Throw*	(F)	
11:15	Running Long Jump	(M)	
FIELD PM:			
1:15	Standing Long Jump (8-15)	(M)	
1:30	Standing Long Jump (16+)	(M)	
1:30	Shot Put (12-21)	(M)	
* Taking place at Ackerman Field			